

# Saint Ignatius College Prep Wolfpack Freshmen Football Camp 2010

## Camp Design

### Who:

Incoming Freshmen (Class of 2014)

### When:

June 21<sup>st</sup> - 25<sup>th</sup> 11:00-1:00pm (Strength and Conditioning)

July 6<sup>th</sup>-9<sup>th</sup> 4:00-6:00pm (Shoulder Pads and Helmets)

July 12<sup>th</sup>-16<sup>th</sup> 4:00-6:00pm (Shoulder Pads and Helmets)

### Where:

*Football Camp* sessions will take place on the SICP turf football field.  
*Strength & Conditioning* sessions will take place in the Weight Room.

### What:

The Wolfpack freshmen football camp is designed to instruct all players in the program on the fundamentals needed to be successful. The coaching staff will provide knowledge and training that will serve as a foundation for the future achievement of our teams.

### Price:

Football Camp: \$150.00 (Includes Spirit Pack)

Strength & Conditioning: \$50.00

### Spirit Pack Includes:

(Shorts, Socks, Practice Jersey, T-Shirt)

Please fill out the following information to:

Pat Jennings  
Saint Ignatius College Prep  
1076 W. Roosevelt Road  
Chicago, IL 60608

*Make check payable to Saint Ignatius College Prep!*

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Attending Football Camp:            Yes    No

Attending Strength & Conditioning:    Yes    No

Amount Enclosed: \_\_\_\_\_

Position (Circle all that Apply)

QB            OL            WR            TE            RB

Corner    LB            Safety    DL            K/P

Spirit Pack Size (adult)    S M L XL XXL XXXL

*"For the strength of the pack is the wolf and the strength of the wolf is the pack!"*

*As parents or guardians, I hereby give permission for my son to participate in the Wolfpack team football camp and acknowledge that neither the camp nor the camp staff will be held liable for any injuries while at camp and accept financial responsibility for any medical treatment that may be needed.*

Signature \_\_\_\_\_