

Saint Ignatius College Prep

Wolfpack Summer Football Camp 2010

Camp Design

Who:

Returning football players and those that wish to try out for the JV or Varsity teams in 2010.

When:

June 14 th - 18 th	9:00am-12:00pm (Strength & Conditioning)
June 21 st - 25 th	9:00am-12:00pm (Strength & Conditioning)
June 28 th - July 2 nd	9:00am-12:00pm (Strength & Conditioning)

July 6 th - 9 th	1:00-4:00pm (Shoulder Pads and Helmets)
July 12 th - 16 th	1:00-4:00pm (Shoulder Pads and Helmets)
July 19 th - 23 rd	3:00-5:45pm (Shoulder Pads and Helmets)
July 26 th - 30 th	3:00-5:45pm (Shoulder Pads and Helmets)

Where:

Football Camp sessions will take place on the SICP Turf Football Field. Strength & Conditioning sessions will take place in the Weight Room.

What:

The Wolfpack football camp is designed instruct all players in the program on the fundamentals needed to be successful. The coaching staff will provide knowledge and training that will serve as a foundation for the future achievement of our teams.

Price:

Football Camp: \$250.00 (Includes Spirit Pack)
Strength & Conditioning: \$100.00

Spirit Pack Includes:

(Shorts, Socks, Practice Jersey, T-Shirt)

Please fill out the following information to:

Pat Jennings

Saint Ignatius College Prep

1076 W. Roosevelt Road

Chicago, IL 60608

Make check payable to Saint Ignatius College Prep!

Name: _____

2010 Grade Level: 10th, 11th, 12th

E-mail Address: _____

Attending Football Camp: Yes No

Attending Strength & Conditioning: Yes No

Amount Enclosed: _____

Position (Circle all that Apply)

QB OL WR TE RB

Corner LB Safety DL K/P

Spirit Pack Size (adult) S M L XL XXL XXXL

"For the strength of the pack is the wolf and the strength of the wolf is the pack!"

As parents or guardians, I hereby give permission for my son to participate in the Wolfpack team football camp and acknowledge that neither the camp nor the camp staff will be held liable for any injuries while at camp and accept financial responsibility for any medical treatment that may be needed.

Signature _____