

Saint Ignatius Boys' Volleyball Rules

1. All student-athletes must have an IHSA physical examination form filled out by a doctor and on file, with the Saint Ignatius Athletic Department, in order to participate in any practice session and/or match.

- If there is not a physical form on file with Saint Ignatius: the student-athlete will be suspended from practices and matches until the physical is on file.

2. All players are expected to be student-athletes. Players' first priority is academics. Players are expected to be up to date and performing their best in all classes. Our team will follow the Saint Ignatius and IHSA rules regarding academic ineligibility.

3. All practices are mandatory. In case of illness, it is the responsibility of the student-athlete, not mom or dad, to notify their coach. The student-athletes must also notify her coach of excused absences, i.e. family emergencies, including death in the family, medical reasons, etc. Family vacations are not an excused absence. Other school extracurricular activities such as clubs and organizations are also not considered an excused absence.

- Punishment for 1st excused or unexcused missed practices; No Penalty
- Punishment for 2nd unexcused missed practice; Next game suspension
- Punishment for 3rd unexcused missed practice; Next match suspension

- Punishment for an unexcused missed match; Next 2 matches suspension

- Miss more than 3 unexcused matches; Dismissal from team

- Excused practices or matches missed will affect playing time as well

4. Timeliness is of the utmost importance. Practice starting times and other deadlines will be enforced and players will be held accountable for infractions. Other school extracurricular activities such as clubs and organizations are not considered an excuse to be late for practice. Tardiness due to JUG is not acceptable.

- Student-Athletes late for practice will follow the team policies set by their coach.

5. Student-Athletes are responsible for the proper care of all equipment (balls, nets, poles, carts, etc.) This includes the set-up and take-down of all equipment for practice and matches. The JV team will be taking down for home games. The Varsity team will be setting up for home games. Student-Athletes are responsible for all practice and game equipment issued.

6. Student-Athletes wishing to leave with parents from away matches need to "sign out" with their respective coach. Student-Athletes wishing to ride home with another family must have a signed parental note. For away matches, the JV will be required to stay for the first varsity game.

7. Student-Athletes are expected to conduct themselves in a positive manner. Profanity and foul language will not be permitted during practices, matches or at any volleyball related activity.

8. Addressing the staff will be done in a respectful manor. Players will refer to the staff as "Coach (last name)", or Mr. or Mrs.

9. No jewelry is to be worn at any practice/match.

10. No student-athlete is allowed to chew gum during practices/matches.

11. No student-athlete is allowed to change clothes in the gym during any practice/match.

12. Student-Athletes must be properly dressed before and after practices/matches.