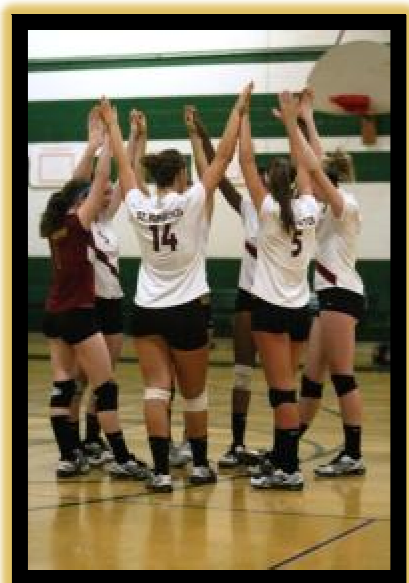


SAINT IGNATIUS GIRLS' VOLLEYBALL TEAM POLICIES

*The following policies and procedures identify the expectations of behavior for all members of the Saint Ignatius Girls Volleyball Program.
Playing volleyball for Saint Ignatius is a privilege!*



1. All students must have an IHSA physical examination form filled out by a doctor and on file, with the Athletic Department, in order to participate in any practice session and/or match.

- If there is not a physical form on file with the Athletic Department: the student will be suspended from practices and matches until the physical is on file.

2. The coaching staff expects all student-athletes to keep a high standard of academic success. Failure to turn in classroom assignments, failure of tests, school misconduct, skipping class, etc, will not be tolerated.

- Punishment for academic ineligibility will be enforced as per the rules stated in the handbook.

3. Student-athletes are required to attend all practice sessions. In case of illness, it is the responsibility of the student-athlete, not mom or dad, to contact the coach to notify him/her of the illness. This includes all scheduled practices throughout the year. The student-athletes must also notify her coach of excused absences, i.e. family emergencies, including death in the family, medical reasons, etc. Family vacations are not an excused absence. Other school extracurricular activities such as clubs and organizations are not considered an excused absence.

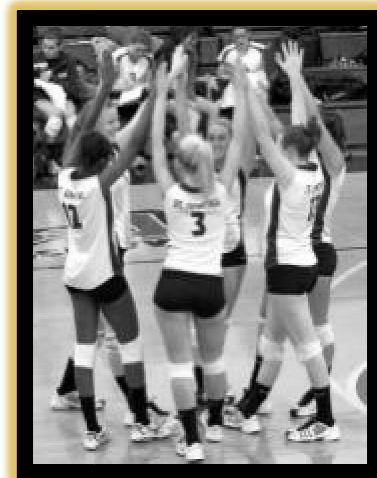
- Punishment for unexcused missed practices or matches; 1 game suspension.
- Punishment for second offense; 1 match suspension
- Punishment for third offense; release from program
- Excused absences may result in the loss of playing time

4. Timeliness is of the utmost importance. Practice starting times and other deadlines will be enforced and players will be held accountable for infractions. Other school extracurricular activities such as clubs and organizations are not considered an excuse to be late for practice.

- Student-athletes late for practice will follow the team policies set forth by their coach.

5. Student-Athletes are responsible for all practice and game equipment issued.

6. Student-Athletes are to be at the gymnasium 30 minutes prior to departure for away matches.



7. Students wishing to leave with parents at away matches need to “sign out” with respective coach.



8. Your actions reflect the volleyball program, and Saint Ignatius College Prep, thus you are expected to conduct yourself in a positive manor. Failure to maintain this image may result in the removal of the program.

9. Addressing the staff will be done in a respectful manor. Players will refer to the staff as “Coach (last name)”, or Mr. or Mrs.

- Punishment for lack of respect to the staff can result in game/match suspensions, team suspension, or removal from the program.

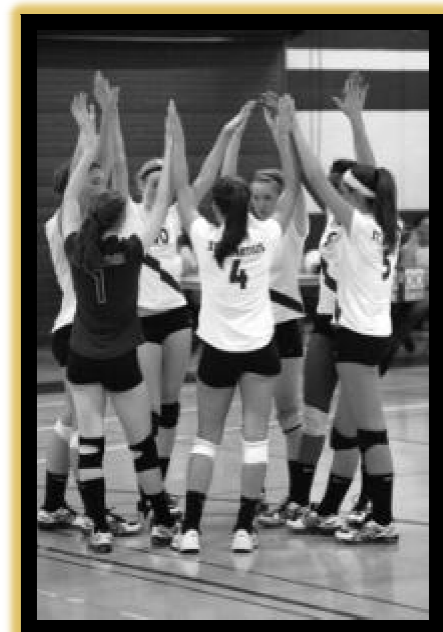
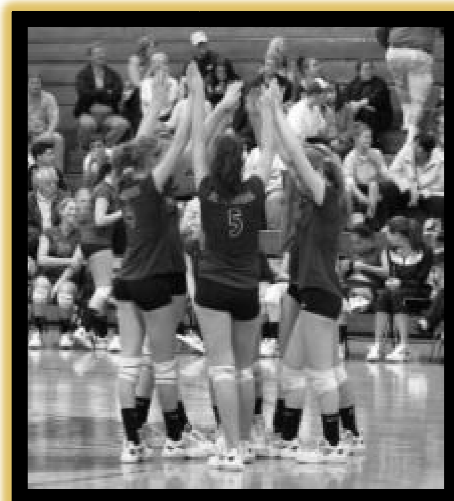
10. No jewelry is to be worn at any practice/match.

11. No player is allowed to chew gum during practices/matches.

12. No player is allowed to change clothes in the gym during any practice/match.

13. Players must have shoes on at all times once they leave the locker room.

14. Players must be properly dressed before and after practices/matches.



15. Players who forget equipment (i.e. shoes, spandex, jersey) or receive jug will run one volleyball suicide for each player at practice on time and their respective coach.